

# MISSIONS XTREME

## PACKING LIST

### CLOTHING

WE PROVIDE 4 SHIRTS TO WEAR ALL WEEK, WE WILL WASH THEM MID-WEEK.  
YOU WON'T NEED T-SHIRTS AS WE WILL PROVIDE THEM ALL WEEK!

CLOTHES YOU DON'T MIND GETTING DIRTY OR WET

6-7 PAIRS OF MODEST SHORTS

PANTS \*

HIGHER SOCKS \*

\*REDUCE AMOUNT OF SCRATCHES, EXPOSURE TO POISON IVY AND TICKS

LAYERS TO PREPARE FOR WEATHER

JACKET

UNDERWEAR AND BRAS (INCLUDING SPORTS BRA)

REGULAR SOCKS

PJS

SHOES YOU CAN GET DIRTY

SHOES FOR SPORTS

SHOES COMFORTABLE TO WALK AROUND IN ALL DAY

FLIP FLOPS AND/OR SHOWER SHOES

### PERSONAL ITEMS

SHAMPOO AND CONDITIONER

HAIRBRUSH/COMB

SOAP/BODY WASH

TOOTHBRUSH/TOOTHPASTE/FLOSS

DEODERANT

LOTION

CHAPSTICK

SUNSCREEN

BUG REPELLENT

HAIR TIES/PINS/CLIPS

FLATIRON/CURLING IRON

HAIR DRYER

FEMININE HYGIENE PRODUCTS

### ADDITIONAL ITEMS

MEDICATIONS/VITAMINS

EXTRA LONG SHEETS OR SLEEPING BAG

PILLOW

TOWELS

WASH CLOTHS

WATER BOTTLE YOU CAN REFILL

ALARM CLOCK (YOU WON'T HAVE YOUR PHONE)

FLASHLIGHT

WORK OR GARDEN GLOVES

HAT

1 BAG OF NON-CHOCOLATE CANDY FOR OUTREACH

MONEY FOR FUN DAY

MONEY FOR OFFERING (OPTIONAL)